March 2012

1 - Thursday : Bangkok

<u>Triathlon Seminar with Fitness Innovation</u>. Subject: Fueling your triathlons. Location: This event is being hosted by Bike Zone. Bike Zone is located inside Amarin Plaza (2nd Floor), Ploenchit Road, Bangkok [Chidlom BTS]. Time: 18:30 (6:30pm). To reserve your seat at this FREE seminar call Bike Zone at 026-521-559 or email info@bikezone.co.th.

2 - 4 Friday thru Sunday : Ubon Ratchatani

<u>MT Bike / King Cycle Bike Display and 50km Ride.</u> King Cycle - Thailand distributor for Corratec, Eddy Merckx, and Tomac brand bicycles will have an open show/display of their bikes at <u>MT Bike in Ubon Ratchatani</u> March 2-4. Following this show/display MT Bike will host a 50km loop ride starting from their shop location. 50km ride details: Registration starts at 7:00am at MT Bike and ride begins at 7:30am. Snacks, fruit, and drinks provided by MT Bike for all participants.

3 - 4 Saturday and Sunday : Bangkok to Ratchaburi

<u>Thai Cycling for Health Association (TCHA) trip.</u> Overnight cycling trip to Ratchaburi. <u>Download .pdf document with trip details here</u>. <u>How to join TCHA cycling trip article here</u>.

4 - Sunday : Nakhon Phanom

<u>MTB Ride in Honor of His Majesty the King.</u> Location: Na Wa municipality (Tetsaban) buidling, Na Wa, Nakhon Phanom province. Categories: several (22 in all) categories for age groups, rider weight, and male/female participants. Fee: 200THB (15yrs and under), 300THB (all other categories), 1,000THB (VIP riders). For more details call: 088-512-9956.

10 - Saturday : Kanchanaburi

<u>The River Kwai Trophy 2012.</u> Adventure race including Mountain biking, trail running, kayaking, and swimming at the renowned bridge over the river Kwai.

11 - Sunday : Bangkok

DTAC "Cycle for Kids in Need" Bangkok Charity Ride. Location: Lan Khon Mueang, Sao Chingcha, Bangkok. DTAC is donating 10THB for every kilometer cyclists ride in 2012. This charity cycling event will be hosted throughout the entire year in 11 different provinces in Thailand, the first being in Bangkok. The year's goal is to have cyclists ride a combined total of 200,000 kilometers! Registration: 7:00am at Lan Khon Mueang. Opening ceremony: 8:00am. Ride start: 8:30am. Riders will arrive back to Lan Khon Mueang area at 11:00am where a free lunch will be served to all participants from 11:30-12:30. There is NO FEE to participate in this event.

11 - Sunday : Bangkok

<u>1st Bangkok Bicycle Show and the 3rd Bangkok Vintage Bicycle Show.</u> Location: <u>Bangkok Art & Culture Center</u>. The <u>TCHA</u> is presenting a bicycle show in the beautiful setting of the Bangkok Art & Culture Center. Admission to the show is free. You can enter your bicycle in a competition for an additional fee of 200-500THB. <u>View bicycle</u> <u>competition fee/payment details and additional show information in this .pdf document</u>.

15 - Thursday : Bangkok

<u>Triathlon Seminar with Fitness Innovation</u>. Subject: Powering your triathlons. Location: This event is being hosted by Bike Zone. Bike Zone is located inside Amarin Plaza (2nd Floor), Ploenchit Road, Bangkok [Chidlom BTS]. Time: 18:30 (6:30pm). To reserve your seat at this FREE seminar call Bike Zone at 026-521-559 or email info@bikezone.co.th.

18 - Sunday : Bangkok

<u>Thai Cycling for Health Association (TCHA) trip.</u> Presentation on repairing bicycles. <u>Download .pdf document with trip details here</u>. <u>How to join TCHA cycling trip article here</u>.

22 - Thursday : Prachuap Khiri Khan (Hua Hin)

<u>Hua Cha Hash Pedalers.</u> Bike Hash starts at Hua Hin train station at 8:00am sharp. Wide tires are recommended for this ride. Approximately 30km distance. <u>Visit the Hua Cha</u> <u>Hash Pedalers website for further details</u>.

23 - 25 Friday thru Sunday : Bangkok

<u>Singha Light X-Treme Sports Thailand Championships 2012.</u> Location: CentralWorld office building on Rama 1 in Bangkok. <u>MAP of location</u>. Competition highlights are: Skateboarding, BMX, Freestyle & flatland bike riding, Inline skate. Action starts at 10:00am on Friday and goes until 10:00pm on all three days of competition. <u>Visit the FaceBook page for this event for location and further details</u>.

24 - 25 Saturday and Sunday : Chonburi (Pattaya)

<u>Bangkok Hash House Bikers.</u> Location: Horshoe point, Pattaya, Chonburi province. Visit the Bangkok Hash House Bikers website at <u>http://bangkokbikehash.org</u> for further details.

25 - Sunday : Phuket

<u>Phuket Mountain Bike Hash.</u> Location: Pak Lok area. Registration 2pm, ride at 3pm. Visit the Phuket Mountain Bike Hash website at <u>http://phuketmountainbike.com</u> for further details.

25 - Sunday : Bangkok

<u>Thai Cycling for Health Association (TCHA) trip.</u> Cycling trip to 130 year old floating market. <u>Download .pdf document with trip details here</u>. <u>How to join TCHA cycling trip article here</u>.

25 - Sunday : Samut Prakarn

<u>Bike Zone Dash Challenge.</u> Location: Bangpoo Golf and Country Club, Samut Prakarn province. More information and to sign up/register go to <u>http://web.me.com/tbond/Bangkok_Dash/Home.html</u>.

31 - Saturday : Bangkok

<u>TOT Bicycle Swap.</u> TOT Head Office on Chaeng Wattana Road, Bangkok. 8:00am-5:00pm. For more details or to reserve a space for selling your bicycle goods (160 baht for a 4-square-meter space), call 02-505-4739 or 02-574-9046 weekdays during TOT working hours. <u>Read an article about a previous TOT Bicycle Swap event to get an idea</u> of what it's all about.

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